

Dear Future Me

Developing your Mission Statement

Step 2: Answering some fundamental questions

With your values exercise in mind - grab a pen and paper and answer some of these questions. You don't need to answer them all. Pick some (but not too few) that resonate with you. But above all, be instinctive and put down the first thing that comes into your head.

This exercise is all about getting your blood pumping. Putting you in a moment of daring and inspiration. Outside your comfort zone . . . no limits.

On the next pages you will find the questions with space for your answers. And maybe there are other questions you can think of that inspire, dare or just frighten the life out of you. Go ahead – use the blank spaces left at the end – go wild . . .

When you have completed this exercise, move on to Step 3 to think about the roles in your life . . .
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Some Fundamental Questions . . .

1. If money or location were irrelevant - what would your ultimate dream job be?

2. You have just won a competition for an all expenses paid trip to anywhere in the world - 1 month - you get to choose - where would you go?

3. If you could join the Board and direct efforts of one charitable organisation, which one would you choose?

4. Who do you most admire?

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5. What did you do in the last year that you were incredibly proud of?

6. What would you do if you knew nobody would judge you?

7. You have won \$10 million. What is the first thing you would do?

8. What did you want to be when you were growing up?

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9. You get the chance to train as a teacher - what would you teach?

10. You have a month at a cottage in the mountains - no telephone, no internet, no neighbours, no shops - what would you do?

11. Your friends are asked to say what they like about you in a confidential survey - what do you think they would say?

12. What made you smile today?

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13.

14.

15.